

July Tumbling Training Schedule 2022

Week Five July 31-August 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Developmental 12:00-2:00 (Jamie) Provincial A 2:00-4:00 (Jamie) Provincial D 4:30-8:30 (Jamie) Evening Group 6:00-8:00 (Zania)	2 Provincial A 2:00-4:00 (Jamie) Provincial D 4:30-8:30 (Jamie) Evening Group 6:00-8:00 (Zania)	3 Developmental 12:00-2:00 (Jamie) Provincial A 2:00-4:00 (Jamie) Evening Group 6:00-8:00 (Zania)	4 Developmental 12:00-2:00 (Jamie) Provincial A 2:00-4:00 (Jamie) Provincial D 4:30-8:30 (Jamie) Evening Group 6:00-8:00 (Zania)	5 National 12:00-3:00 (Jamie) SENIOR ATHLETES ONLY	6

Summer Break July 31-August 6 for the following teams

Interclub
Provincial B
Provincial C
Age Group
National