

# WAG WEEKLY TRAINING SCHEDULE April 7 - April 13

Updated April 8

7 SUNDAY	8	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY	13 SAT
<p><b>Compulsory 4</b> 9am-1pm (Chantel)</p> <p><b>Compulsory 3</b> 9am-12:30pm (Chris)</p> <p><b>Compulsory 2</b> 12:30pm-3:30pm (Avery)</p> <p><b>Compulsory 4&amp;5</b> 1:00pm-4:00pm (Chris)</p> <p><b>XS/G</b> 1:30pm-5:30pm (Nabil)</p> <p><b>XB/S</b> 2:30pm-5:30pm (Julia)</p>	<p><b>National/Lv8-10</b> <b>National/Lv8-10</b> (Lena &amp; Sandra) 8:00am-1:00pm</p> <p><b>Provincial 6-8</b> 4pm-8pm (Anne)</p> <p><b>Compulsory 4&amp;5</b> 4pm-8:30pm (Chris)</p> <p><b>Compulsory 4</b> 4pm-8:00pm (Chantel)</p>	<p><b>National/Lv8-10</b> 12:30pm-5:30pm (Lena)</p> <p><b>National/Lv8-10</b> 12:30pm-5:30pm(Sandra)</p> <p><b>Compulsory 3</b> 1pm-4pm (Chris)</p> <p><b>Provincial 6-8</b> 1:30pm-5:30pm (Cassidy)</p> <p><b>Aspires</b> 3:30pm-8:30pm (Cassidy)</p> <p><b>Compulsory 4&amp;5</b> 4pm-8:30pm (Chris)</p> <p><b>Compulsory 2</b> 4pm-7pm (Avery)</p> <p><b>XS/G</b> 4:30pm-8:30pm (Nabil)</p> <p><b>XB/S</b> 5:30pm-8:30pm (Julia)</p>	<p><b>National/Lv8-10</b> 12:30pm-5:30pm (Lena)</p> <p><b>National/Lv8-10</b>(Lena) <b>Provincial 6-8</b> (Chantel) 3pm-6:30pm - Felicity, Klara, Sienna, Lily</p> <p><b>Compulsory 4</b> 3pm-7pm (Chantel/Arielle)</p> <p><b>Compulsory 3</b> 4pm-8:00pm (Chris)</p> <p><b>ODP 1</b> 4pm-7pm (Avery)</p> <p><b>ODP 2</b> 5pm-8pm (Arielle/Julia)</p>	<p><b>National/Lv8-10</b> 12:30pm-5:30pm (Lena)</p> <p><b>National/Lv8-10</b> 12:30pm-5:30pm (Lena)</p> <p><b>Provincial 6-8</b> 3:30pm-7:00pm 4-6 with Irina 6-7 with Chantel Those still here - Klara, Felicity, Lily</p> <p><b>Aspires</b> 3:30pm-7:00pm 3:30-6 with Chantel 6-7 with Lena</p> <p><b>Compulsory 4&amp;5</b> 4pm-8pm (Chris)</p> <p><b>Compulsory 2</b> 4pm-7pm (Avery)</p> <p><b>XS/G</b> 4:30pm-8:30pm (Nabil)</p> <p><b>XB/S</b> 5:30pm-8:30pm (Arielle)</p>	<p><b>National/Lv8-10</b> 12:30pm-5:30pm (Lena)</p> <p><b>National/Lv8-10</b> 12:30pm-5:30pm (Lena)</p> <p><b>Aspires</b> 12:30pm-4:00pm (Chantel)</p> <p><b>Compulsory 4</b> 3:30pm-7:30pm (Chantel)</p> <p><b>Compulsory 3</b> 4pm-7:30pm (Chris)</p> <p><b>Provincial 6-8</b> 4:30pm-7:30pm (Chantel) Felicity, Klara, Lily if still here</p> <p><b>ODP 1</b> 4pm-7pm (Avery)</p>	<p><b>ODP 2</b> 9:00am-12:00pm (Arielle)</p> <p><b>Aspires</b> 10am-3pm (Chantel)</p>

