

Tumbling Training Schedule 2026 March 1 - March 14

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 Developmental 9:00-11:00 (Marat) Interclub B 10:00-1:00 (Miguel) Team C 11:00-2:00 (Marat) Team D 2:30-5:30 (Marat)	2 Interclub A 4:00-6:00 (Marat/Nadia) Team A 4:00-7:00 (Nadia) Team B 6:00-9:00 (Nadia) Team D 6:00-9:00 (Marat)	3 Team A 2:30-5:30 (Marat/Nadia) Team B 5:30-7:30 (Marat/Nadia) Team C 4:30-7:30 (Nadia/Marat)	4 Developmental 4:30-6:30 (Marat) Interclub B 4:00-7:00 (Miguel) Team B 2:30-5:30 (Marat/Nadia) Team C 2:30-5:30 (Marat/Nadia) Team D 6:30-9:30 (Marat/Nadia)	5 Interclub A 4:30-6:30 (Marat/Nadia) Team A 4:30-6:30 (Marat/Nadia) Team B 6:30-8:30 (Marat/Nadia) Team C 6:30-8:30 (Marat/Nadia) Team D 6:30-9:30 (Marat/Nadia)	6	7
8 Developmental 9:00-11:00 (Luna) Interclub B+Aria & Ashton 10:00-1:00 (Miguel) Team D 1:30-4:30 (Daniela) No Training for Team A, B and C 3rd Ontario Cup	9 Interclub A 4:00-6:00 (Marat) Team D 6:00-9:00 (Marat)	10 Team A 2:30-5:30 (Marat/Nadia) Team B 5:30-7:30 (Marat/Nadia) Team C 4:30-7:30 (Nadia/Marat) Elite Canada Athletes 4:30-7:30 (Marat/Nadia)	11 Developmental 4:30-6:30 (Marat) Interclub B 4:00-7:00 (Miguel) Team B 2:30-5:30 (Marat/Nadia) Team C 2:30-5:30 (Marat/Nadia) Team D Provincial Athletes Only 2:30-5:30 (Marat/Nadia)	12 Interclub A 4:30-6:30 (Daniela/Nadia) Team A 4:30-6:30 (Daniela/Nadia) Team B 6:30-8:30 (Daniela/Nadia) Team C 6:30-9:30 (Daniela/Nadia) Team D 6:30-9:30 (Daniela/Nadia)	13	14

**3rd Ontario Cup March 6-8 in Pickering Good Luck Team!
Elite Canada 2026 March 12-15 Good Luck Athletes!**