

Oakville Gymnastics Tumbling Final Summer Schedule 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Developmental A 4 Hours Luna		4:00-6:00 (2)		4:00-6:00 (2)			
Developmental B 6 Hours Miguel/Nadia		4:30-6:30 (2)	4:30-6:30 (2)	4:30-6:30 (2)			
Interclub A 4 Hours Nadia/Miguel		4:00-6:00 (2)		4:00-6:00 (2)			
Interclub B 6 Hours Marat		4:30-6:30 (2)	4:30-6:30 (2)	4:30-6:30 (2)			
Interclub C 8 Hours Marat/Nadia		6:30-8:30 (2)	6:30-8:30 (2)	6:30-8:30 (2)	4:30-6:30 (2)		
Team A 10 Hours Marat/Nadia		6:30-9:00 (2.5)	6:30-9:00 (2.5)	6:30-9:00 (2.5)	4:30-7:00 (2.5)		
Team B 12 Hours Marat/Nadia		1:30-4:30 (3)	1:30-4:30 (3)	1:30-4:30 (3)	1:30-4:30 (3)		
Team C 12 Hours Marat/Nadia		1:30-4:30 (3)	1:30-4:30 (3)	1:30-4:30 (3)	1:30-4:30 (3)		

First Summer Break July 27-July 31, Second Summer Break TBC

Running Training Schedule 2020
June 28 - July 11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
28	29 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	30 Developmental B 4:30-6:30 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	1 Canada Day No Training	2 Interclub C 4:30-6:30 (Marat/Nadia) Team A 4:30-7:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	3	4
5	6 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	7 Developmental B 4:30-6:30 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	8 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	9 Interclub C 4:30-6:30 (Marat/Nadia) Team A 4:30-7:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	10	11

Running Training Schedule 2020
July 12 - July 25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
12	13 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	14 Developmental B 4:30-6:30 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	15 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	16 Interclub C 4:30-6:30 (Marat/Nadia) Team A 4:30-7:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	17	18
19	20 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	21 Developmental B 4:30-6:30 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	22 Developmental A 4:00-6:00 (Luna) Developmental B 4:30-6:30 (Miguel/Nadia) Interclub A 4:00-6:00 (Miguel/Nadia) Interclub B 4:30-6:30 (Marat) Interclub C 6:30-8:30 (Marat/Nadia) Team A 6:30-9:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	23 Interclub C 4:30-6:30 (Marat/Nadia) Team A 4:30-7:00 (Marat/Nadia) Team B 1:30-4:30 (Marat/Nadia) Team C 1:30-4:30 (Marat/Nadia)	24	25

1st Vacation Week - NO TRAINING July 27th - July 31st